

Lois Aldred

Call: 2008
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AREAS OF EXPERTISE

Personal Injury, International & Travel, Industrial Disease, Costs & Litigation Funding, Common Law

Lois is an experienced Personal Injury and Costs Specialist known for her approachable style, tenacious advocacy and the ability to effectively argue tricky legal points.

Lois combines her practice as a barrister with sitting as Recorder on the Midlands Circuit.

Away from Law Lois has a keen interest in travel, languages, and sustainable gardening when she isn't marshalling her trio of young sons.

She speaks (now) basic French after her time living and studying in Strasbourg, when a student along with a little Spanish and Japanese.

Before coming to the Bar Lois Taught English Language Oral Communication in Osaka, Japan.

Qualifications

LLB Law with French Law and French Language (First Class Honours)

BVC (Very Competent)

Diplôme d'études juridiques françaises, Université Robert Schuman, Strasbourg

Memberships & Awards

Personal Injuries Bar Association

Oxford University Press prize for Best 1st year mark in Law French/Law German Degrees

Inner Temple Scholarship

Inner Temple Entrance Exhibition

Hubert Parry Benefactor's Scholarship

Duke of Edinburgh Entrance Exhibition

Directories

She's always very well prepared and gets quickly to the heart of the trials. – Chambers & Partners, 2025

Lois is a really good advocate. – Chambers & Partners, 2025

Lois is proactive and good in court. – Chambers & Partners, 2025

She is excellent at managing complicated fundamental dishonesty issues. – Legal 500, 2025