

Lara Thomas

Call: 2022
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Lara began pupillage in October 2024 under the supervision of Nina Ross. Lara is interested in gaining experience in all core areas of Chambers' practice and has a particular interest in personal injury, clinical negligence and inquests.

Prior to commencing pupillage, Lara worked as a Legal Assistant at Medical Protection Society where she developed a predominantly inquest-based caseload, providing legal support to doctors appearing at inquests often spanning a wide range of complex medical issues. She also assisted with regulatory matters involving serious clinical and conduct complaints against medical and dental professionals. Lara was previously a casework volunteer with Advocate, the Bar's national pro bono charity, and undertook work as an assistant at another civil set of chambers.

Lara obtained her undergraduate degree in Biological Sciences from Wadham College, Oxford and subsequently achieved a distinction on both the Graduate Diploma in Law (GDL) and the Barrister Training Course (BTC).

Qualifications & Awards

- Barrister Training Course (Distinction), BPP University (2022)
- Graduate Diploma in Law (Distinction), BPP University (2020)
- BA Biological Sciences (2.1), Wadham College, University of Oxford (2018)