

# James Pickering

Call: 2013  
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## AREAS OF EXPERTISE

Personal Injury, Industrial Disease, International & Travel, Abuse, Insurance, Military Claims, Group Litigation

James is a leading junior in cases involving serious injuries and fatal accidents, with expertise in international and group litigation. He acts in complex and cutting-edge litigation, often with a cross-border element.

Chambers UK and The Legal 500 describe him as “really excellent”, “razor-sharp”, and “a brilliant lawyer”. “James has a Rolls Royce brain and eye for detail.” “His tactics and strategy always result in favourable outcomes.”

The legal directories rank him as a leading junior in Group Litigation, Personal Injury, Industrial Disease, International Personal Injury, and Motor Insurance Fraud.

James was junior counsel in the Military Deafness Litigation, one of The Lawyer's Top 20 Cases of 2025.

James leads 12KBW's Band 1-ranked International & Travel Team. He edits the key practitioner textbooks in his areas of practice: *Occupational Illness Litigation* (Sweet & Maxwell), *Asbestos: Law & Litigation* (Sweet & Maxwell), and *Butterworths Personal Injury Litigation Service (Accidents Abroad)* (LexisNexis UK).

## Personal Injury

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James is recommended by the legal directories as a specialist in claims for serious injuries, fatal accidents, and industrial diseases.

He acts for both claimants and defendants in claims for injuries of the utmost severity, including brain injuries, spinal cord injuries, and pain disorders.

Recent examples of his cases (led and unled) include:

For claimants:

- Representing thousands of soldiers in claims for military hearing loss and cold injuries in the Military Deafness Litigation and the Military Cold Injuries Litigation.
- Representing clients with severe brain and spinal injuries suffered in an overseas road traffic accident: settled for £2.25 million.
- Representing a client with serious psychological injuries following an accident at an overseas work event: settled for a global sum over £2 million.

For defendants:

- Representing the Rugby Football League and the British Amateur Rugby League Association in their defence of the Rugby Concussion Litigation.
- Defending a severe brain and orthopaedic injuries claim involving lifelong care pleaded at £35.25 million: settled for £10.25 million.
- Defending a severe brain injury claim involving lifelong care pleaded at £12.5 million: settled for £8.5 million.

He is regularly instructed by motor insurance companies and the MIB to defend claims arising from road traffic accidents and he has expertise in associated indemnity issues.

He also represents bereaved families and interested parties in all types of inquest, where his work complements his specialism in fatal accidents litigation. He is committed to pro bono representation and accepts instructions on this basis where appropriate.

## Qualifications & Awards

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BCL (Distinction), Exeter College, University of Oxford  
BPTC, City, University of London  
BA Jurisprudence, Saint Peter's College, University of Oxford

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Inner Temple Pegasus Scholarship  
London Common Law & Commercial Bar Association Essay Prize  
Law Faculty Prize for Criminal Justice and Human Rights  
Ralph Chiles Award for Comparative Human Rights  
Middle Temple Colombos Law Prize  
Exeter College Tobias Prize in Law  
Times Law Awards, 2nd Prize  
Oxford Postgraduate Internship Award  
Exeter College Internship Grant  
Saint Peter's College Law Essay Prize

## Memberships

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Personal Injuries Bar Association  
  
Pan European Organisation of Personal Injury Lawyers  
  
London Common Law & Commercial Bar Association

## Publications

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*Occupational Illness Litigation* (Sweet & Maxwell) (Editor)  
  
*Asbestos: Law & Litigation* (Sweet & Maxwell) (Co-Editor)  
  
*Butterworths Personal Injury Litigation Service (Accidents Abroad)* (LexisNexis UK) (Editor)  
  
*'Asbestos Product Litigation', Journal of Personal Injury Law* (2021, 1, pp. 17-24)