

Helen Waller

Call: 2017
waller@12kbw.co.uk



AREAS OF EXPERTISE

Personal Injury, Industrial Disease, Fraud, Inquests, Insurance, International & Travel, Sport

Helen is a highly experienced junior with a practice well beyond her year of call. She specialises in personal injury and industrial disease work. Her practice includes catastrophic injury and fatal accidents, both as sole and junior counsel. Helen is regularly instructed on multi-million-pound cases, including complex traumatic brain injuries, catastrophic spinal injuries, and amputations. She works for both claimants and defendants, receiving instructions from leading solicitors and major insurers. She has developed particular expertise in quantum. Helen has been instructed as junior to a number of leading practitioners in the field, including Paul Russell KC, Chris Kennedy KC, William Audland KC, Steven Snowden KC, David Sanderson, Nigel Lewers and John- Paul Swoboda.

Helen regularly appears in trials, CCMCs, approval hearings and applications against opponents of all seniority, including silks. She also has considerable experience of JSMs, both as sole and junior counsel.

The legal directories recognize Helen as “*tenacious*” and “*an absolute bastion of client service*”. She is ranked as a “*rising star*” in the Legal 500 and “*up and coming*” in Chambers & Partners.

Away from 12KBW Helen enjoys wine tasting, cycling, and travelling.

Publications

A Practical Guide to Injury Claims Involving Cyclists (2022), Patrick Kerr and Helen Waller

Asbestos Law and Litigation, First and Second editions (contributor)

Case report: Dryden v Johnson Matthey plc [2018] UKSC 18, Personal Injury Law Journal June 2018 #166

Clarity from the Supreme Court on the scope of actionable personal injury, PI Focus, May 2018

Thomas Lundmark & Helen Waller (2016) *Using statutes and cases in common and civil law*, Transnational Legal Theory, 7:4, 429-469

Qualifications & Awards

BPTC – Outstanding

LL.M. Deutsches Recht (German Law) – 1st in year

BA (Law) (Cantab)

Queen Mother Scholar, Middle Temple

Harmsworth Exhibition, Middle Temple

Directories

She is caring, understanding and tenacious. – Chambers & Partners, 2025

Her dedication to her work is unparalleled and her manner with clients is really noteworthy. – Chambers & Partners, 2025

Helen is an absolute bastion of client service. – Chambers & Partners, 2025

Fabulous all round. – Legal 500, 2025

She has in-depth knowledge and a high level of expertise. – Legal 500, 2017

The set of choice for personal injury matters including travel litigation, which is an area that chambers is constantly strengthening. – Legal 500, 2017

Second-to-none strength in depth and a broad church of barristers, all of whom are fiercely intelligent. – Legal 500, 2015

A wealth of talent at both senior and junior levels acting for both claimants and defendants. – Chambers & Partners, 2015