

# Anna Symington

Call: 2002  
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## AREAS OF EXPERTISE

Personal Injury, Fraud, Inquests, Insurance, Costs & Litigation Funding

Anna specialises in high value personal injury claims. Chambers & Partners 2024 say "Anna is superb, a great advocate with a no-nonsense approach."

Anna acts in claims involving serious personal injury, with particular emphasis on claims with complex medical causation issues. Her practice focuses on:

- all forms of pain syndromes, including chronic pain syndrome, complex regional pain syndrome, fibromyalgia and somatoform disorders;
- fatalities;
- serious spinal damage;
- brain injury cases, including those characterised as subtle in nature and FND claims;
- complex orthopaedic and amputation cases;
- psychiatric conditions

Anna deals with liability disputes in all forms of RTA, EL and PL claims. She is currently instructed in a number of high value RTA claims with multiple accident reconstruction experts.

Her caseload is heavily weighted towards acting for Insurers, but she is also regularly instructed on behalf of Claimants. Anna frequently appears unled against KCs.

Anna lives in the West Country but her practice is nationwide.

## Directories

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*She is no-nonsense and very sensible in her approach.* – Chambers & Partners, 2026

*Anna has expertise in exaggerated claims and she's very good at this. She has a strong reputation.* – Chambers & Partners, 2026

*Anna Symington provides robust and clear advice.* – Chambers & Partners, 2026

*Anna always gives pragmatic and commercially sensible advice. She has an eye for detail and is always calm under pressure.* – Chambers & Partners, 2026

*She keeps a real eye on the detail and is fearless.* – Chambers & Partners, 2026

*She is an all-round superstar. She is always helpful and constantly thinking of tactics to progress matters.* – Chambers & Partners, 2026

*Anna is an impressive advocate and joint settlement meeting strategist.* – Chambers & Partners, 2026

*Anna is excellent.* – Legal 500, 2026

*Anna handles experts very effectively in conference and has exceptional analytical skills.* – Chambers & Partners, 2025

*Anna is excellent: she is innovative in her approach and is willing to try new things.* – Chambers & Partners, 2025

*Anna is forensic, detailed and doesn't miss a thing.* – Chambers & Partners, 2025

*She takes a sensible approach at JSMs and is formidable on her feet in court.* – Chambers & Partners, 2025

*Anna is very thorough and great with clients. She takes a sensible approach at JSMs and is formidable on her feet in court.* – Chambers & Partners, 2025

*Anna is a keen strategist, always seeing the bigger picture and thinking about how to tailor the direction of travel to reach the desired overall outcome.* – Chambers & Partners, 2025

*Thorough and a tough opponent. Good on detail. Has achieved excellent results in cases involving loss of sight.* – Legal 500, 2025

*She is extremely thorough. Anna is excellent all round.* – Chambers & Partners, 2024

*Anna is very businesslike in her approach. She is very meticulous and gets things done quickly.* – Chambers & Partners, 2024

*Anna is superb, a great advocate with a no-nonsense approach.* – Chambers & Partners, 2024

*Anna is able to quickly digest significant volumes of evidence and unpick it. She is extremely detailed and has an excellent approach to expert and lay witnesses in conference.* – Chambers & Partners, 2024

*Anna is a very thorough advocate, leaving no stone unturned. She is well prepared and always willing to go above and beyond.* – Chambers & Partners, 2024

*Anna provides clear advice to clients which is firm but friendly. She is commercially aware and an excellent advocate.* – Chambers & Partners, 2024

*Tenacious and good with detail, an excellent strategic thinker.* – Legal 500, 2024

Chambers and Partners 2023 recommends Anna for her Motor Insurance Fraud practice. "Adept at handling matters involving fraud, including phantom passenger, as well as staged or fictional accident claims. She additionally demonstrates considerable expertise in fundamental dishonesty matters. Symington assists both claimants and defendants."

She is very quick to get to the point and shows great attention to detail. Her advice is always straightforward. –

Chambers & Partners, 2023

*Anna has a good eye for detail.* – Chambers & Partners, 2023

*She is a meticulous barrister.* – Chambers & Partners, 2023

*Anna is excellent.* – Legal 500, 2023

*A fine, businesslike advocate.* – Chambers & Partners, 2022

*She is meticulous in her preparation, as well as being thoughtful and wise in the advice given.* – Legal 500, 2022

*She's very good in conference and is extremely good on her feet and in cross-examination. She's responsive, very technical, and is a go-to lawyer.* – Chambers & Partners, 2021

*Very thorough and easy to work with, she has a great way with clients and thoroughly grasps the issues of a case.* – Chambers & Partners, 2020

*Adept at handling matters involving fraud, including phantom passenger, as well as staged or fictional accident claims. She additionally demonstrates considerable expertise in fundamental dishonesty matters. Symington assists both claimants and defendants.* – Chambers & Partners

*She is very quick to get to the point and shows great attention to detail. Her advice is always straightforward.* – Chambers & Partners