

Angela Frost

Call: 2001
frost@12kbw.co.uk



AREAS OF EXPERTISE

Personal Injury, Fraud, Clinical Negligence, Industrial Disease, Insurance, Costs, Health & Safety, Inquests

JUDICIAL APPOINTMENTS

Recorder (2018) North Eastern Circuit (Civil/Crime)

Angela specialises in high value, complex and catastrophic personal injury claims.

She is instructed by Claimants and Defendants in cases involving serious and high value personal injury. She has a loyal following of both solicitors and insurers due to her practical and no nonsense approach to claims.

Angela has amassed a wealth of experience in cases involving chronic pain and subtle brain injury. She is sought after in such cases particularly where they have a potential fraud element.

Angela is regularly instructed in cases where the value is in excess of £2million and against KC's unled.

Angela has extensive experience in claims involving fraud, whether exaggerated/feigned injury or staged accidents. Leading insurers turn to Angela at an early stage to advise in cases where fraud is suspected and can rely on her to deliver targeted and precise cross examination at trial.

Claimant solicitors appreciate Angela's ability to engage with their clients and the way in which she is able to deliver complex and difficult information and advice in a way that is appropriate and comprehensible to the individual in front of her.

Angela is instructed nationally by leading firms and insurers and is often able to turn around papers at short notice. She is happy to receive instructions electronically.

Angela sits on the Editorial Board of Kemp & Kemp: Law Practice and Procedure, and she edits the chapters on Service, Statements of Case, Admissions, Part 36, Trials, and Appeals.

Angela was elected joint Deputy Head of Chambers in July 2024.

Qualifications

- Advocacy trainer – Inner Temple
- BA (Hons) Law with French – Sheffield (2:1)
- Diplôme de droit Français – Université Aix Marseille

Appointments & Memberships

- Recorder (2018) North Eastern Circuit (Civil/Crime)
- Personal Injuries Bar Association
- Advocacy Trainer Inner Temple

Publications

- Editor, Kemp & Kemp, Personal Injury Law, Practice and Procedure

Directories

“Angela provides excellent advice, and she has a great manner with clients. She gets good results in very problematic cases” – Legal 500, 2025

“A well-rounded leader in the market with good commercial and practical instincts – a market-leading technical lawyer.”
– Legal 500, 2024