

Angela Frost

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AREAS OF EXPERTISE

Personal Injury, Fraud, Clinical Negligence, Industrial Disease, Insurance, Costs & Litigation Funding, Health & Safety, Inquests

JUDICAL APPOINTMENTS

Recorder (2018) North Eastern Circuit (Civil/Crime)



Angela specialises in high value, complex and catastrophic personal injury claims.

She is instructed by Claimants and Defendants in cases involving serious and high value personal injury. She has a loyal following of both solicitors and insurers due to her practical and no nonsense approach to claims.

Angela has amassed a wealth of experience in cases involving chronic pain and subtle brain injury. She is sought after in such cases particularly where they have a potential fraud element.

Angela is regularly instructed in cases where the value is in excess of £2million and against KC's unled.

Angela has extensive experience in claims involving fraud, whether exaggerated/feigned injury or staged accidents. Leading insurers turn to Angela at an early stage to advise in cases where fraud is suspected and can rely on her to deliver targeted and precise cross examination at trial.

Claimant solicitors appreciate Angela's ability to engage with their clients and the way in which she is able to deliver complex and difficult information and advice in a way that is appropriate and comprehensible to the individual in front of her.

Angela is instructed nationally by leading firms and insurers and is often able to turn around papers at short notice. She is happy to receive instructions electronically.

Angela sits on the Editorial Board of Kemp & Kemp: Law Practice and Procedure, and she edits the chapters on Service, Statements of Case, Admissions, Part 36, Trials, and Appeals.

Angela was elected joint Deputy Head of Chambers in July 2024.

Personal Injury

Angela is able to advise in cases involving all forms of catastrophic injury but her areas of expertise are principally:

- Chronic Pain – including issues of CRPS and fibromyalgia
- Cases involving psychiatrically driven chronic pain conditions, including somatoform or conversion disorders
- Functional Neurological Disorder
- Fraud – cases involving malingering/exaggeration as well as fraud rings, ghost passengers and low velocity

impacts

- Brain Injury including subtle brain injury
- Amputation
- Cases involving injury to teachers, carers, and nurses caused by pupils and patients
- Fatal Accidents

Angela is adept at identifying when issues of chronic pain might arise and is able to offer strategic advice, test medical evidence and utilise her forensic skills to ensure the best outcome for clients. Very often in these types of claim, causation is hotly disputed and issues of malingering, fraud and exaggeration arise. Angela has built up a deep understanding of these chronic pain cases working with medical experts in many different specialisms over the years. In particular, she has considerable experience of effectively adopting a multidisciplinary approach both to establishing and challenging chronic pain claims.

She is known for her ability to effectively marshal evidence in cases involving complex causation issues.

In significant brain injury cases Angela is often involved at an early stage in collaboration with the other side to provide rehabilitation and educational provision and ensure the right expert evidence is obtained.

Angela is alert to capacity issues and is able to advise appropriately at all stages.

She is able to advise on liability issues across the spectrum of road traffic, public liability and employers' liability claims and regularly deals with cases involving multiple defendants.

Angela is instructed in a number of cases with multiple accident reconstruction experts.

Angela has a wealth of experience in cases involving the MIB and in cases where insurance issues under the Road Traffic Act 1988 arise.

Examples of recent cases:

Obtained settlement for D at mediation of a complex case involving two accidents, a disputed brain injury and complex pre and post accident psychiatric issues. Claim pleaded at over £4million, settled for less than 20% of that value.

Obtained settlement for D at JSM in a spinal cord injury case with extensive urological issues and accommodation needs.

Secured dismissal of a potentially high value bus v pedestrian claim at trial on liability.

Secured settlement at mediation for one of 6 D's in a high value Fatal Accident claim arising out of a multi-vehicle collision involving a pedestrian. Multiple accident reconstruction experts instructed.

Advising one of 6 D's in a high value Fatal Accident claim arising out of a multi-vehicle collision involving a pedestrian. Multiple accident reconstruction experts instructed.

Advising D in a claim valued at in excess of £1 million with complex causation issues and alleged subtle brain injury. Advising C in a claim valued at £2.5million for life changing lower limb injuries and complex psychiatric diagnoses.

Advised D in a claim valued at over £4million, involving a significant leg injury but issues of disproportionate ongoing pain impacting on ability to work. Settled at JSM for a ¼ of that sum.

Acting for a brain injured child over a number of years where a collaborative approach with the insurer has resulted in ongoing rehabilitation and education packages eventually resulting in a £multi-million settlement.

Successful High Court claim involving injury to a nurse in a care home resulting from negligent systems of work. Acted for D in a case involving extensive burns to a resident in a care home for adults with learning disabilities. Value £1.4 million.

Qualifications

- Advocacy trainer – Inner Temple
- BA (Hons) Law with French – Sheffield (2:1)
- Diplôme de droit Français – Université Aix Marseille

Appointments & Memberships

- Recorder (2018) North Eastern Circuit (Civil/Crime)
- Personal Injuries Bar Association
- Advocacy Trainer Inner Temple

Publications

- Editor, Kemp & Kemp, Personal Injury Law, Practice and Procedure